

A  
D I S C O U R S E

B E T W E E N

A SOUL HUNGRY AND THIRSTY

A F T E R

THE FOUNTAIN OF LIFE, THE SWEET LOVE OF JESUS CHRIST,

A N D

A SOUL ENLIGHTENED.

S H E W I N G

*Which Way* one Soul should seek after and comfort another, and bring it by Means of its *Knowledge* into the *Paths* of CHRIST's *Pilgrimage*, and faithfully warn it of the *thorny Way* of the *World*, which leadeth the fallen Soul that *naturally* walketh therein, into the *Abyfs* or *Pit of Hell*.

Composed by a Soul that loveth all who are the *Children* of JESUS CHRIST  
under the *Cross*.

D I S C U S S E

BETWEEN

A SOUL HUNGRY AND THIRSTY

WATER

THE FOUNDATION OF THE SWISS TOWN OF JESUS CHRIST

AND

A SOUL ENLIVENING METHOD

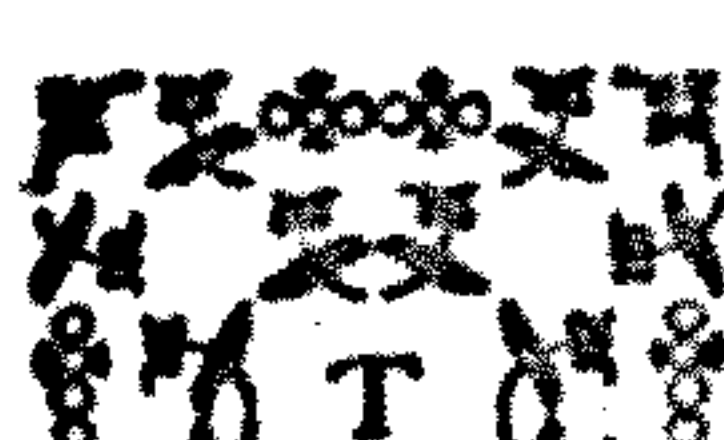
SHEDDING

Let us remember that the Lord Jesus Christ is the only one who can give us life. He is the only one who can give us peace. He is the only one who can give us joy. He is the only one who can give us hope. He is the only one who can give us love. He is the only one who can give us life.

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THE  
WAY FROM DARKNESS  
TO  
TRUE ILLUMINATION.

 HERE was a poor Soul that had wandered out of Paradise, and come into the Kingdom of this World; where the Devil met with it, and said to it,

“Whither dost thou go, thou Soul that art half blind?”

*The Soul said,*

I would see and speculate into the Creatures of the World, which the Creator hath made.

*The Devil said,*

How wilt thou see and speculate into them, when thou canst not know their Essence and Property? Thou wilt look upon their Outside only, as upon a graven Image, and canst not know them throughly.

*The Soul said,*

How may I come to know their Essence and Property?

*The Devil said,*

Thine Eyes would be opened to see them throughly, if thou didst but eat of *that* from whence the Creatures themselves are come to be *good* and *evil*. Thou wouldst then be as God himself is, and know what the Creature is.

*The Soul said,*

I am now a noble and holy Creature; but if I should do so, the Creator hath said, that I should die.

*The Devil said,*

No, thou shouldst not die at all; but thy Eyes would be opened, and thou wouldst be as God himself, and be Master of Good and Evil. Also, thou shouldst be mighty, powerful, and very great, as I am; all the Subtilty that is in the Creatures would be made known to thee.

*The Soul said,*

If I had the Knowledge of Nature and of the Creatures, I would then rule the whole World as I listed.



## *The Way from Darknes to True Illumination.*

*The Devil said,*

The whole Ground of that Knowledge lieth in thee. Do but turn thy Will and Desire from God or Goodness into Nature and the Creatures, and then there will arise in thee a Lust to taste; and so thou mayest eat of the *Tree of Knowledge of Good and Evil*, and by that Means come to know all Things.

*The Soul said,*

Well then, I will eat of the *Tree of Knowledge of Good and Evil*, that I may rule all Things by my own Power; and be of myself a Lord on Earth, and do what I will, as God himself doth.

*The Devil said,*

I am the Prince of this World; and if thou wouldst rule on Earth, thou must turn thy Lust towards my Image, or desire to be like me, that thou mayest get the Cunning, Wit, Reason, and Subtilty, that my Image hath.

Thus did the Devil present to the Soul the *Vulcan* in the *Mercury* (the Power that is in the fiery Root of the Creature) that is, the fiery Wheel of Essence or Substance, in the Form of a Serpent. Upon which,

*The Soul said,*

Behold, this is the Power which can do all Things.—What must I do to get it?

*The Devil said,*

Thou thyself art also such a fiery *Mercury*. If thou dost break thy Will off from God, and bring it into this Power and Skill, then thy hidden Ground will be manifested in thee, and thou mayest work in the same Manner. But thou must eat of that Fruit, wherein each of the four Elements in itself ruleth over the other, and is in Strife; the Heat striving against the Cold, and the Cold against the Heat; and so all the Properties of Nature work feelingly. And then thou wilt instantly be as the fiery Wheel is, and so bring all Things into thine own Power, and possess them as thine own.

*The Soul did so, and what happened thereupon.*

Now when the Soul broke its Will thus off from God, and brought it into the *Mercury*, or the fiery Will (which is the Root of Life and Power) there presently arose in it a Lust to eat of the *Tree of Knowledge of Good and Evil*; and the Soul did eat thereof. Which as soon as it had done, *Vulcan* (or the Artificer in the Fire) instantly kindled the fiery Wheel of its Substance, and thereupon all the Properties of Nature awoke in the Soul and exercised each its own Lust and Desire.

First arose the Lust of Pride; a Desire to be great, mighty, and powerful; to bring all Things under Subjection to it, and so to be Lord itself without Control; despising all Humility and Equality, as esteeming itself the only prudent, witty, and cunning One, and accounting every Thing Folly that is not according to its own Humour and Liking.

Secondly arose the Lust of Covetousness; a Desire of getting, which would draw all Things to itself, into its own Possession. For when the Lust of Pride had turned away the Will from God, then the Life of the Soul would not trust God any further, but would take Care for itself; and therefore brought its Desire into the Creatures, viz. into the Earth, Metals, Trees, and other Creatures. Thus the kindled fiery Life became hungry and covetous, when it had broken itself off from the Unity, Love; and Meek-



ness of God, and attracted to itself the four Elements and their Essence, and brought itself into the Condition of the Beasts; and so the Life became dark, empty, and wrathful; and the heavenly Virtues and Colours went out, like a Candle extinguished.

Thirdly, there awoke in this fiery Life the stinging thorny Lust of Envy; a hellish Poison, a Property which all Devils have, and a Torment which makes the Life a meer Enmity to God, and to all Creatures. Which Envy raged furiously in the Desire of Covetousness, as a venomous Sting doth in the Body. Envy cannot endure, but hateth and would hurt or destroy that which Covetousness cannot draw to itself, by which hellish Passion the noble Love of the Soul is smothered.

Fourthly, there awoke in this fiery Life a Torment like Fire, viz. Anger; which would murder and remove out of the Way all who would not be subject to Pride. Thus the Ground and Foundation of Hell, which is called the Anger of God, was wholly manifested in this Soul. Whereby it lost the fair Paradise of God and the Kingdom of Heaven, and became such a Worm as the fiery Serpent was, which the Devil presented to it in his own Image and Likeness. And so the Soul began to rule on Earth in a Bestial Manner, and did all Things according to the Will of the Devil; living in meer Pride, Covetousness, Envy, and Anger, having no longer any true Love towards God. But there arose in the Stead thereof an evil bestial Love of filthy Lechery, Wantonness, and Vanity, and there was no Purity left in the Heart; for the Soul had forsaken Paradise, and taken the Earth into its Possession. Its Mind was wholly bent upon cunning Knowledge, Subtilty, and getting together a Multitude of earthly Things. No Righteousness nor Virtue remained in it at all; but whatsoever Evil and Wrong it committed, it covered all cunningly and subtilly under the Cloak of its Power and Authority by Law, and called it by the Name of Right and Justice, and accounted it good.

*The Devil came to the Soul.*

Upon this the Devil drew near to the Soul, and brought it on from one Vice to another, for he had taken it captive in his Essence, and set Joy and Pleasure before it therein, saying thus to it: Behold now thou art powerful, mighty, and noble, endeavour to be greater, richer, and more powerful still. Display thy Knowledge, Wit, and Subtilty, that every one may fear thee, and stand in Awe of thee, and that thou mayest be respected, and get a great Name in the World.

*The Soul did so.*

The Soul did as the Devil counselled it, and yet knew not that its Counsellor was the Devil; but thought it was guided by its own Knowledge, Wit, and Understanding, and that it did very well and right all the while.

*Jesus Christ met with the Soul.*

The Soul going on in this Course of Life, our dear and loving Lord Jesus Christ, who was come into this World with the Love and Wrath of God, to destroy the Works of the Devil, and to execute Judgement upon all ungodly Deeds, on a Time met with it, and spake by a strong Power, viz. by his Passion and Death into it, and destroyed the Works of the Devil in it, and discovered to it the Way to his Grace, and shone upon it with his Mercy, calling it to return and repent; and promising that he would then deliver it from that monstrous deformed Shape or Image which it had gotten, and bring it into Paradise again.



*How Christ wrought in the Soul.*

Now when the Spark of the Love of God, or the Divine Light, was accordingly manifested in the Soul, it presently saw itself with its Will and Works to be in Hell, in the Wrath of God, and found that it was a mishapen ugly Monster in the Divine Presence and the Kingdom of Heaven; at which it was so affrighted, that it fell into the greatest Anguish possible, for the Judgement of God was manifested in it.

*What Christ said.*

Upon this the Lord Christ spake into it with the Voice of his Grace, and said, *Repent and forsake Vanity, and thou shalt attain my Grace.*

*What the Soul said.*

Then the Soul in its ugly mishapen Image, with the defiled Coat of Vanity, went before God, and entreated for Grace and the Pardon of its Sins, and came to be strongly persuaded in itself, that the Satisfaction and Atonement of our Lord Jesus Christ did belong to it. But the evil Properties of the Serpent, formed in the Astral Spirit, or Reason of the outward Man, would not suffer the Will of the Soul to come before God, but brought their Lusts and Inclinations thereinto. For those evil Properties would not die to their own Lusts, nor leave the World, for they were come out of the World, and therefore they feared the Reproach of it, in case they should forsake their worldly Honour and Glory.

But the poor Soul turned its Countenance towards God, and desired Grace from him, even that he would bestow his Love upon it.

*The Devil came to it again.*

But when the Devil saw that the Soul thus prayed to God, and would enter into Repentance, he drew near to it, and thrust the Inclinations of the earthly Properties into its Prayers, and disturbed its good Thoughts and Desires which pressed forward towards God, and drew them back again to earthly Things that they might have no Access to him.

*The Soul sighed.*

The central Will of the Soul indeed sighed after God, but the Thoughts arising in the Mind, that it should penetrate into him, were distracted, scattered, and destroyed, so that they could not reach the Power of God. At which the poor Soul was still more affrighted, and began to pray more earnestly. But the Devil with his Desire took hold of the Mercurial kindled fiery Wheel of Life, and awakened the evil Properties, so that evil or false Inclinations arose in the Soul, and went into that Thing, wherein they had taken most Pleasure and Delight before.

The poor Soul would very fain go forward to God with its Will, and therefore used all its Endeavours; but its Thoughts continually fled away from God into earthly Things, and would not go to him.

Upon this the Soul sighed and bewailed itself to God; but was as if it were quite forsaken by him, and cast out from his Presence. It could not get so much as one Look of Grace, but was in meer Anguish, Fear and Terroure, and dreaded every Moment that the Wrath and severe Judgement of God would be manifested in it, and that the Devil would take hold of it and have it. And thereupon fell into such great Heaviness and Sorrow, that it became weary of all the temporal Things, which before were its chief Joy and Happiness.



The earthly natural Will indeed desired those Things still, but the Soul would willingly leave them altogether, and desired to die to all temporal Lust and Joy whatsoever, and longed only after its first native Country, from whence it originally came. But found itself to be far from thence, in great Distress and Want, and knew not what to do, yet resolved to enter into itself, and try to pray more earnestly.

*The Devil's Opposition.*

But the Devil opposed it, and with-held it so that it could not bring itself into any greater Fervency of Repentance.

He awakened the earthly Lusts in its Heart, that they might still keep their evil Nature and false Right therein, and set them at Variance with the new-born Will and Desire of the Soul. For they would not die to their own Will and Light, but would still maintain their temporal Pleasures, and so kept the poor Soul captive in their evil Desires, that it could not stir, though it sighed and longed never so much after the Grace of God. For whensoever it prayed, or offered to press forward towards God, then the Lusts of the Flesh swallowed up the Rays and Ejaculations that went forth from it, and brought them away from God into earthly Thoughts, that it might not partake of Divine Strength. Which caused the poor Soul to think itself forsaken of God, not knowing that he was so near it, and did thus attract it. Also the Devil got Access to it, and entered into the fiery Mercury, or fiery Wheel of its Life, and mingled his Desires with the earthly Lusts of the Flesh, and tempted the poor Soul; saying to it in the earthly Thoughts, *Why dost thou pray? Dost thou think that God knoweth thee or regardeth thee? Consider but what Thoughts thou hast in his Presence; are they not altogether evil? Thou hast no Faith or Belief in God at all; how then should he hear thee? He beareth thee not, leave off; why wilt thou needlessly torment and vex thyself? Thou hast Time enough to repent at Leisure. Wilt thou be mad? Do but look upon the World, I pray thee, a little; doth it not live in Jollity and Mirth? yet it will be saved well enough for all that. Hath not Christ paid the Ransom and satisfied for all Men? Thou needest only persuade and comfort thyself that it is done for thee, and then thou shalt be saved. Thou canst not possibly in this World come to any Feeling of God; therefore leave off, and take Care for thy Body, and look after temporal Glory? What dost thou suppose will become of thee, if thou turn to be so stupid and melancholy? Thou wilt be the Scorn of every Body, and they will laugh at thy Folly; and so thou wilt spend thy Days in meer Sorrow and Heaviness, which is pleasing neither to God nor Nature. I pray thee, look upon the Beauty of the World; for God hath created and placed thee in it, to be a Lord over all Creatures, and to rule them. Gather Store of temporal Goods beforehand, that thou mayest not be beholden to the World, or stand in Need hereafter. And when Old Age cometh, or that thou growest near thy End, then prepare thyself for Repentance. God will save thee, and receive thee into the heavenly Mansions then. There is no Need of such ado in vexing, bewailing, and stirring up thyself, as thou makest.*

*The Condition of the Soul.*

In these and the like Thoughts the Soul was ensnared by the Devil, and brought into the Lusts of the Flesh, and earthly Desires; and so bound as it were with Fetters and strong Chains, that it did not know what to do. It looked back a little into the World and the Pleasures thereof, but still felt in itself a Hunger after Divine Grace, and would always rather enter into Repentance, and Favour with God. For the Hand of God had touched and bruised it, and therefore it could rest no where; but always sighed in itself after Sorrow for the Sins it had committed, and would fain be rid of them. Yet could not get true Repentance, or even the Knowledge of Sin, though it had a mighty Hunger and longing Desire after such penitential Sorrow.



## *The Way from Darknes to True Illumination.*

The Soul being thus heavy and sad, and finding no Remedy or Rest, began to cast about where it might find a fit Place to perform true Repentance in, where it might be free from Business, Cares, and the Hinderances of the World; and also by what Means it might win the Favour of God. And at length purposed to betake itself to some private solitary Place, and give over all worldly Employments and temporal Things; and hoped, that by being bountiful and pitiful to the Poor, it should obtain God's Mercy. Thus did it devise all Kinds of Ways to get Rest, and gain the Love, Favour, and Grace of God again. But all would not do; for its worldly Business still followed it in the Lusts of the Flesh, and it was ensnared in the Net of the Devil now, as well as before, and could not attain Rest. And though for a little while it was somewhat cheered with earthly Things, yet presently it fell to be as sad and heavy again, as it was before. The Truth was, it felt the awakened Wrath of God in itself, but knew not how that came to pass, nor what it ailed. For many Times great Trouble and Terror fell upon it, which made it comfortless, sick, and faint with very Fear; so mightily did the first bruising it with the Ray or Influence of the Stirring of Grace work upon it. And yet it knew not that Christ was in the Wrath and severe Justice of God, and fought therein with Satan that Spirit of Error, which was incorporated in Soul and Body; nor understood that the Hunger and Desire to turn and repent came from Christ himself, by which it was drawn in this Manner; neither did it know what hindered that it could not yet attain to Divine Feeling. It knew not that itself was a Monster, and did bear the Image of the Serpent, in which the Devil had such Power and Access to it, and had confounded all its good Desires, Thoughts, and Motions, and brought them away from God and Goodness; concerning which Christ himself said, *The Devil snatcheth the Word out of their Hearts, lest they should believe and be saved.*

### *An enlightened and regenerate Soul met the distressed Soul.*

By the Providence of God, an enlightened and regenerate Soul met this poor afflicted and distressed Soul, and said,

What ailest thou, thou distressed Soul, that thou art so restless and troubled?

#### *The distressed Soul answered,*

The Creator hath hid his Countenance from me, so that I cannot come to his Rest; therefore I am thus troubled, and know not what I shall do to get his Loving-kindness again. For great Cliffs and Rocks lie in my Way to his Grace, so that I cannot come to him. Though I sigh and long after him never so much, yet I am kept back, that I cannot partake of his Power, Virtue, and Strength.

#### *The enlightened Soul said,*

Thou bearest the monstrous Shape of the Devil, and art clothed therewith; in which, being his own Property or Principle, he hath Access or Power of Enterance into thee, and thereby keepeth thy Will from penetrating into God. For if thy Will might penetrate into God, it would be anointed with the highest Power and Strength of God, in the Resurrection of our Lord Jesus Christ; and that Unction would break in Pieces the Monster which thou carriest about thee; and thy first Image of Paradise would revive in the Centre; which would destroy the Devil's Power therein, and thou wouldst become an Angel again. And because the Devil envieth thee this Happiness, he holdeth thee captive in his Desire in the Lusts of the Flesh; from which if thou art not delivered, thou wilt be separated from God, and canst never enter into our Society.



*The distressed Soul terrified.*

At this Speech the poor distressed Soul was so terrified and amazed, that it could not speak one Word more. When it found that it stood in the Form and Condition of the Serpent, which separated it from God; and that the Devil was so nigh it in that Condition, who injected evil Thoughts into the Will of the Soul, and had so much Power over it thereby, that it was near Damnation, and sticking fast in the Abyss or bottomless Pit of Hell, in the Anger of God; it would have even despaired of Divine Mercy; but that the Power, Virtue, and Strength of the first Stirring of the Grace of God, which had before bruised the Soul, upheld and preserved it from total Despair. But still it wrestled in itself between Hope and Doubt; whatsoever Hope built up, that Doubt threw down again. And thus was it agitated with such continual Disquiet, that at last the World and all the Glory thereof became loathsome to it, neither would it enjoy worldly Pleasures any more; and yet for all this, could it not come to Rest.

*The enlightened Soul came again, and spoke to the troubled Soul*

On a Time the enlightened Soul came again to this Soul, and finding it still in so great Trouble, Anguish, and Grief of Mind, said to it,

What dost thou? Wilt thou destroy thyself in thy Anguish and Sorrow? Why dost torment thyself in thy own Power and Will, who art but a Worm, seeing thy Torment increaseth thereby more and more? Yea, if thou shouldst sink thyself down to the Bottom of the Sea, or couldst fly to the uttermost Coasts of the Morning, or raise thyself above the Stars, yet thou wouldst not be released. For the more thou grieveest, tormentest, and troublest thyself, the more painful thy Nature will be; and yet thou wilt not be able to come to Rest. For thy Power is quite lost; and as a dry Stick burnt to a Coal cannot grow green and spring afresh by its own Power, nor get Sap to flourish again with other Trees and Plants; so neither canst thou reach the Place of God by thy own Power and Strength, and transform thyself into that Angelical Image which thou hadst at first. For in Respect to God thou art withered and dry, like a dead Plant that hath lost its Sap and Strength, and so art become a dry tormenting Hunger. Thy Properties are like Heat and Cold, which continually strive one against the other, and can never unite.

*The distressed Soul said,*

What then shall I do to bud forth again, and recover the first Life, wherein I was at Rest before I became an Image?

*The enlightened Soul said,*

Thou shalt do nothing at all but forsake thy own Will, viz. that which thou callest *I*, or *thyself*. By which Means all thy evil Properties will grow weak, faint, and ready to die; and then thou wilt sink down again into that One Thing, from which thou art originally sprung. For now thou liest captive in the Creatures; but if thy Will forsaketh them, the Creatures, with their evil Inclinations, will die in thee, which at present stay and hinder thee, that thou canst not come to God. But if thou takest this Course, thy God will meet thee with his infinite Love, which he hath manifested in Christ Jesus in the Humanity, or human Nature. And that will impart Sap, Life, and Vigour to thee; whereby thou mayest bud, spring, flourish again, and rejoice in the Living God, as a Branch growing on his true Vine. And so thou wilt at length recover the Image of God, and be delivered from the Image or Condition of the Serpent. Then shalt thou come to be my Brother, and have Fellowship with the Angels.



## *The Way from Darknes to True Illumination.*

*The poor Soul said,*

How can I forsake my Will, so that the Creatures which lodge therein may die, seeing I must be in the World, and also have Need of it as long as I live?

*The enlightened Soul said,*

Now thou hast worldly Power and Riches, which thou possessest as thy own, to do what thou wilt with, and regardest not how thou gettest or usest the same; employing them in the Service and Indulgence of thy carnal and vain Desires. Nay, though thou seest the poor and needy Wretch, who wanteth thy Help, and is thy Brother, yet thou helpest him not, but layest heavy Burdens upon him, by requiring more of him than his Abilities will bear, or his Necessities afford; and oppressest him, by forcing him to spend his Labour and Sweat for thee, and the Gratification of thy voluptuous Will. Thou art moreover proud, and insultest over him, and behavest roughly and sternly to him, exalting thyself above him, and making small Account of him in Respect of thyself. Then that poor oppressed Brother of thine cometh, and complaineth with Sighs towards God, that he cannot reap the Benefit of his Labour and Pains, but is forced by thee to live in Misery. By which Sighings and Groanings of his he raiseth up the Wrath of God in thee; which maketh thy Flame and Unquietness still the greater. These are the Creatures which thou art in Love with, and hast broken thyself off from God for their Sakes, and brought thy Love into them, or them into thy Love, so that they live therein. Thou nourishest and keepest them by continually receiving them into thy Desire, for they live in and by thy receiving them into thy Mind; because thou thereby bringest the Lust of thy Life into them. They are but unclean, filthy, and evil Births, and Issues of the Bestial Nature, which yet, by thy receiving them in thy Lust or Desire, have gotten an Image, and formed themselves in thee. And that Image is a Beast with four Heads: First, *Pride*. Secondly, *Covetousness*. Thirdly, *Envy*. Fourthly, *Anger*. And in these four Properties the Foundation of Hell consisteth, which thou carriest in thee and about thee. It is imprinted and engraven in thee, and thou art wholly taken Captive thereby. For these Properties live in thy natural Life; and thereby thou art severed from God, neither canst thou ever come to him, unless thou so forsake these evil Creatures that they may die in thee.

But since thou desirest me to tell thee how to forsake thy own perverse creaturely Will, that the Creatures might die, and that yet thou mightest live with them in the World. I must assure thee that there is but one Way to do it, which is *narrow* and *straight*, and will be very hard and irksome to thee at the Beginning, but afterwards thou wilt walk in it chearfully.

Thou must seriously consider, that in the Course of this worldly Life thou walkest in the Anger of God and in the Foundation of Hell; and that this is not thy true native Country; but that a Christian should, and must live in Christ, and in his Walking truly follow him; and that he cannot be a Christian, unless the Spirit and Power of Christ so live in him, that he becometh wholly subject to it. Now seeing the Kingdom of Christ is not of this World, but in Heaven, therefore thou must always be in a continual Ascension towards Heaven, if thou wilt follow Christ; though thy Body must dwell among the Creatures and use them.

The narrow Way to which perpetual Ascension into Heaven and Imitation of Christ is this: Thou must despair of all thy own Power and Strength, for in and by thy own Power thou canst not reach the Gates of God; and firmly purpose and resolve wholly to give thyself up to the Mercy of God, and to sink down with thy whole Mind and Reason into the Passion and Death of our Lord Jesus Christ, always desiring to persevere in the



same, and to die from all thy Creatures therein. Also thou must resolve to watch and guard thy Mind, Thoughts, and Inclinations that they admit no Evil into them, neither must thou suffer thyself to be held fast by temporal Honour or Profit. Thou must resolve likewise to put away from thee all Unrighteousness, and whatsoever else may hinder the Freedom of thy Motion and Progress. Thy Will must be wholly pure, and fixed in a firm Resolution never to return to its old Idols any more, but that thou wilt that very Instant leave them, and separate thy Mind from them, and enter into the sincere Way of Truth and Righteousness, according to the plain and full Doctrine of Christ. And as thou dost thus purpose to forsake the Enemies of thine own inward Nature, so thou must also forgive all thy outward Enemies, and resolve to meet them with thy Love; that there may be left no Creature, Person, or Thing at all able to take hold of thy Will and captivate it; but that it may be sincere, and purged from all Creatures. Nay further; if it should be required, thou must be willing and ready to forsake all thy temporal Honour and Profit for Christ's Sake, and regard nothing that is earthly so as to set thy Heart and Affections upon it; but esteem thyself in whatsoever State, Degree, and Condition thou art, as to worldly Rank or Riches, to be but a Servant of God and of thy Fellow-Christians; or as a Steward in the Office wherein thy Lord hath placed thee. All Arrogance and Self-Exaltation must be humbled, brought low, and so annihilated that nothing of thine own or of any other Creature may stay in thy Will to bring thy Thoughts or Imagination to be set upon it.

Thou must also firmly impress it on thy Mind, that thou shalt certainly partake of the promised Grace in the Merit of Jesus Christ, *viz.* of his outflowing Love, which indeed is already in thee, and which will deliver thee from thy Creatures, and enlighten thy Will, and kindle it with the Flame of Love, whereby thou shalt have Victory over the Devil. Not as if thou couldst *will* or *do* any Thing in thine own Strength, but only enter into the Suffering and Resurrection of Jesus Christ, and take them to thyself, and with them assault and break in Pieces the Kingdom of the Devil in thee, and mortify thy Creatures. Thou must resolve to enter into this Way this very Hour, and never to depart from it, but willingly to submit thyself to God in all thy Endeavours and Doings, that he may do with thee what he pleaseth.

When thy Will is thus prepared and resolved, it hath then broken through its own Creatures, and is sincere in the Presence of God, and clothed with the Merits of Jesus Christ. It may then freely go to the Father with the Prodigal Son, and fall down in his Presence and pour forth its Prayers; and putting forth all its Strength in this Divine Work, confess its Sins and Disobedience; and how far it hath departed from God. This must be done not with bare Words, but with all its Strength, which indeed amounteth only to a strong Purpose and Resolution; for the Soul of itself hath no Strength or Power to effect any good Work.

Now when thou art thus ready, and that thy heavenly Father shall see thy coming and returning to him in such Repentance and Humility, he will inwardly speak to thee, and say in thee, *Behold, this is my Son which I had lost, he was dead and is alive again.* And he will come to meet thee in thy Mind with the Grace and Love of Jesus Christ, and embrace thee with the Beams of his Love, and kiss thee with his Spirit and Strength; and then thou shalt receive Grace to pour out thy Confession before him, and to pray powerfully. This indeed is the right Place where thou must wrestle in the Light of his Countenance. And if thou standest resolutely here, and shrinkest not back, thou shalt see or feel great Wonders. For thou shalt find Christ in thee assaulting Hell, and crushing thy Beasts in Pieces, and that a great Tumult and Misery will arise in thee; also, thy secret undiscovered Sins will then first awake, and labour to separate thee from God, and to keep thee back. Thus shalt thou truly find and feel how Death and Life fight;



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one against the other, and shalt understand by what passeth within thyself, what Heaven and Hell are. At all which be not moved, but stand firm and shrink not; for at length all thy Creatures will grow faint, weak, and ready to die; and then thy Will shall wax stronger, and be able to subdue and keep down the evil Inclinations. So shall thy Will and Mind ascend into Heaven every Day, and thy Creatures gradually die away. Thou wilt get a Mind wholly new, and begin to be a new Creature, and getting rid of the Bestial Deformity, recover the Divine Image. Thus shalt thou be delivered from thy present Anguish, and return to thy original Rest.

### *The poor Soul's Practice.*

Then the poor Soul began to practise this Course with such Earnestness, that it conceived it should get the Victory presently; but it found that the Gates of Heaven were shut against it in its own Strength and Power, and it was as it were, rejected and forsaken by God, and received not so much as one Look or Glimpse of Grace from him. Upon which it said to itself, *Surely thou hast not sincerely submitted thyself to God. Desire nothing at all of him, but only submit thyself to his Judgement and Condemnation, that he may kill thy evil Inclinations. Sink down into him beyond the Limits of Nature and Creature, and submit thyself to him, that he may do with thee what he will, for thou art not worthy to speak to him.* Accordingly the Soul took a Resolution to sink down, and to forsake its own Will; and when it had done so, there fell upon it presently the greatest Repentance that could be for the Sins it had committed; and it bewailed bitterly its ugly Shape, and was truly and deeply sorry that the evil Creatures did dwell in it. And because of its Sorrow it could not speak one Word more in the Presence of God, but in its Repentance did consider the bitter Passion and Death of Jesus Christ, viz. what great Anguish and Torment he had suffered for its Sake, in order to deliver it out of its Anguish, and change it into the Image of God. In which Consideration it wholly sunk down, and did nothing but complain of its Ignorance and Negligence, and that it had not been thankful to its Redeemer, nor once considered the great Love he had shewn to it, but had idly spent its Time, and not at all regarded how it might come to partake of his purchased and proffered Grace; but instead thereof had formed in itself the Images and Figures of earthly Things, with the vain Lusts and Pleasures of the World. Whereby it had gotten such Bestial Inclinations, that now it must lie Captive in great Misery, and for very Shame dared not lift up its Eyes to God, who hid the Light of his Countenance from it, and would not so much as look upon it. And as it was thus sighing and crying, it was drawn into the Abyss or Pit of Horror, and laid it as it were at the Gates of Hell, there to perish. Upon which the poor troubled Soul was, as it were, bereft of Sense, and wholly forsaken, so that it in a Manner forgot all its Doings, and would willingly yield itself to Death; and cease to be a Creature. Accordingly it did yield itself to Death, and desired nothing else but to die and perish in the Death of its Redeemer Jesus Christ, who had suffered such Torments and Death for its Sake. And in this perishing it began to sigh and pray in itself very inwardly to the Divine Goodness, and to sink down into the meer Mercy of God.

Upon this there suddenly appeared unto it the amiable Countenance of the Love of God, which penetrated through it as a great Light, and made it exceedingly joyful. It then began to pray aright, and to thank the Most High for such Grace, and to rejoice abundantly, that it was delivered from the Death and Anguish of Hell. Now it tasted of the Sweetness of God, and of his promised Truth; and now all the evil Spirits which had harrassed it before, and kept it back from the Grace, Love, and inward Presence of God, were forced to depart from it. The *Wedding of the Lamb* was now kept and solemnized, that is, the Noble *Sophia* espoused or betrothed herself to the Soul;



and the *Seal-Ring* of Christ's Victory was impressed into its Essence, and it was received to be a Child and Heir of God again.

When this was done, the Soul became very joyful, and began to work in this new Power, and to celebrate with Praise the Wonders of God, and thought thenceforth to walk continually in the same Light, Strength, and Joy. But it was soon assaulted; from *without*, by the Shame and Reproach of the World, and from *within*, by great Temptation, so that it began to doubt whether its Ground was truly from God, and whether it had really partaken of his Grace. For the Accuser Satan went to it, and would fain lead it out of this Course, and make it doubtful whether it was the true Way; whispering thus to it inwardly, *This happy Change in thy Spirit is not from God, but only from thine own Imagination.* Also the Divine Light retired in the Soul, and shone but in the inward Ground, as Fire raked up in Embers, so that Reason was perplexed, and thought itself forsaken, and the Soul knew not what had happened to itself, nor whether it had really and truly tasted of the heavenly Gift or not. Yet it could not leave off struggling; for the burning Fire of Love was sown in it, which had raised in it a vehement and continual Hunger and Thirst after the Divine Sweetness. So at length it began to pray aright, and to humble itself in the Presence of God, and to examine and try its evil Inclinations and Thoughts, and to put them away. By which Means the Will of Reason was broken, and the evil Inclinations inherent in it were killed, and extirpated more and more. This Process was very severe and painful to the Nature of the Body, for it made it faint and weak, as if it had been very sick; and yet it was no natural Sickness that it had, but only the Melancholy of its earthly Nature, feeling and lamenting the Destruction of its evil Lusts.

Now when the earthly Reason found itself thus forsaken, and the poor Soul saw that it was despised outwardly, and derided by the World, because it would walk no longer in the Way of Wickedness and Vanity; and also that it was inwardly assaulted by the Accuser Satan, who mocked it, and continually set before it the Beauty, Riches, and Glory of the World, and called it a Fool for not embracing them; it began to think and say thus within itself: *O eternal God! What shall I now do to come to Rest?*

*The enlightened Soul met it again, and spoke to it.*

While it was in this Consideration, the Enlightened Soul met with it again, and said, What ailest thou, my Brother, that thou art so heavy and sad?

*The distressed Soul said,*

I have followed thy Counsel, and thereby attained a Ray, or Emanation of the Divine Sweetness, but it is gone from me again, and I am now deserted. Moreover I have outwardly very great Tryals and Afflictions in the World; for all my good Friends forsake and scorn me; and am also inwardly assaulted with Anguish, and Doubt, and know not what to do.

*The enlightened Soul said,*

Now I like thee very well; for now our beloved Lord Jesus Christ is performing that Pilgrimage or Process on Earth with thee and in thee, which he did himself when he was in this World, who was continually reviled, despised, and evil spoken of, and had nothing of his own in it; and now thou bearest his Mark or Badge. But do not wonder at it, or think it strange; for it must be so, in order that thou mayest be tryed, refined, and purified. In this Anguish and Distress thou wilt necessarily hunger and cry after Deliverance; and by such Hunger and Prayer thou wilt attract Grace to thee both from within and from without. For thou must grow from above and from beneath to be the



## *The Way from Darknes to True Illumination.*

**Image of God again.** Just as a young Plant is agitated by the Wind, and must stand its Ground in Heat and Cold, drawing Strength and Virtue to it from above and from beneath by that Agitation, and must endure many a Tempest, and undergo much Danger before it can come to be a Tree, and bring forth Fruit. For through that Agitation the Virtue of the Sun moveth in the Plant, whereby its wild Properties come to be penetrated and tingured with the Solar Virtue, and grow thereby.

And this is the Time wherein thou must play the Part of a valiant Soldier in the Spirit of Christ, and co-operate thyself therewith. For now the Eternal Father by his fiery Power begetteth his Son in thee, who changeth the Fire of the Father, namely, the first Principle, or wrathful Property of the Soul, into the Flame of Love, so that out of Fire and Light, (*viz.* Wrath and Love), there cometh to be one Essence, Being, or Substance, which is the true Temple of God. And now thou shalt bud forth out of the Vine Christ, in the Vineyard of God, and bring forth Fruit in thy Life, and by assisting and instructing others, shew forth thy Love in Abundance, as a good Tree. For Paradise must thus spring up again in thee, through the Wrath of God, and Hell be changed into Heaven in thee. Therefore be not dismayed at the Temptations of the Devil, who seeketh and striveth for the Kingdom which he once had in thee; but, having now lost it, must be confounded, and depart from thee. And he covereth thee outwardly with the Shame and Reproach of the World, that his own Shame may not be known, and that thou mayest be hidden to the World. For with thy New Birth or regenerated Nature thou art in the Divine Harmony in Heaven. Be patient therefore, and wait upon the Lord; and whatsoever shall befall thee, take it all from his Hands, as intended by him for thy highest Good. And so the enlightened Soul departed from it.

### *The distressed Soul's Course.*

The distressed Soul began its Course now under the patient Suffering of Christ, and depending solely upon the Strength and Power of God in it, entered into Hope. Thenceforth it grew stronger every Day, and its evil Inclinations died more and more in it. So that it arrived at length to a high State or Degree of Grace; and the Gates of the Divine Revelation, and the Kingdom of Heaven, were opened to, and manifested in it.

And thus the Soul through Repentance, Faith, and Prayer, returned to its original and true Rest, and became a right and beloved Child of God again; to which may he of his infinite Mercy help us all. *Amen.*